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Workshops in Denmark Copenhagen and Aarhus
27. and 28. of September 2010

1. Cognitive Interpersonal Therapy for emotional recovery and relapse prevention (Copenhagen)

2. Exploring recovery narratives: psychotherapy processes and affect regulation in psychosis

Both workshops are likely to utilise short narratives containing transcriptions of recovery related discourse that are used within the workshops and I will send these ahead of time to allow participants to familiarise themselves with these. We have just completed a study showing how changes in narrative organisation are related to changes in depression and shame following therapy. This allows us to explore in a little more detail mechanisms of change in emotional recovery and remains seated within an attachment paradigm.